

# Feb. 2019

## Swift School Menu

	Mon	Tue	Wed	Thu	Fri
W K 3					1 Choc Chip Muffin, String Cheese  Pizza, Corn, Veggie/Dip, Mini Rice Krispy Treat
W K 4	4 Biscuit, Ham  Hot Dog on Bun, Baked Beans, Roasted Broccoli, Doritos	5 Breakfast Pizza, String Cheese  Cheesy Chicken, Brown Rice, Green Beans, Roll, Cherry Tomatoes	6 Yogurt, Granola, Banana Muffin  Breaded Chicken Sandwich, French Fries, Pickles, Lett/Tom, Goldfish	7 Scrambled Egg, Cheese Grits, Toast  Pizza Cruncher, Marinara, Garden Salad, Green Peas, Cookie	8 Mini Maple Pancake Wrap, Yogurt  Turkey/Cheese Sandwich, Sunchips, Veggie/Dip, Yogurt
W K 1	11 Mini Pancakes, String Cheese  Hamburger on Bun, French Fries, Let/ Tom, Pickles, Doritos	12 Biscuit, Sausage Patty  Taco Salad, Baked Tostitos, Pinto Beans, Brownie	13 Breakfast Pizza, String Cheese  Chicken Bites, Mashed Potatoes, Roll, Cooked Carrots	14 Cinnamon Roll, Ham  Crispitos, Cheese Sauce, Corn, Spinach Edamame Salad	15 Chocolate Chip Muffin, Yogurt, Granola  Cheese Pizza, Green Beans, Veggie/dip, Mini Rice Krispy Treat
W K 2	18 Pancake on a Stick, Syrup  Breaded Chicken Sandwich, Sweet Potato Fries, Lett/Tom, Pickles, Goldfish	19 Cinni Minis, String Cheese  Chili, Grilled Cheese, Shredded Cheese, Celery Sticks and Cherry Tomatoes	20 Chicken Biscuit  Scrambled Eggs, Biscuit, Hashbrown, Fruitables Juice Box, Sausage Link, Mandarin Oranges	21 Eggs, Cheese Grits, Toast  Baked Chicken, Macaroni and cheese, Cornbread, Green Beans, Carrots/Dip	22 Banana Muffin, Yogurt, Granola  Cheese Sticks, Marinara, Green Peas, Veg/Dip
W K 3	25 Mini French Toast, Scrambled Egg  Hamburger/cheesebu rger, French Fries, Lett/tom, Sunchips, Pickles	26 Poptart, Yogurt  Lasagna Roll, Roll, Salad, California Veg, Chocolate Pudding	27 Biscuit, Sausage Patty  Grilled Chicken Sandwich, Potato Wedges, Doritos, Pickles	28 Waffle Sticks, String Cheese  Taco Soup, Baked Tostitos, Shredded Cheese, Spinach Edamame Salad, Brownie	

**FRUIT & FRUIT JUICE SERVED WITH EVERY BREAKFAST, MILK WITH EVERY MEAL**

This institute is an Equal Opportunity Provider. Menu is subject to change due to availability of products.

