

March 2019

Swift School Menu

	Mon	Tue	Wed	Thu	Fri
W K 3	Please no bills larger than a \$10.00. Thank You.				1 Green Eggs, Ham, Toast Cheese Pizza, Corn, Raw Veggies/Dip, Mini Rice Krispy Treat
W K 4	4 Mardi Gras Holiday	5 Mardi Gras Holiday	6 Students Out	7 Breakfast Pizza, String Cheese Cheesy Chicken, Brown Rice, Green Beans, Cherry Tomatoes, Roll	8 Mini Pancakes with Sausage, Yogurt Pizza Cruncher, Marinara, Green Peas, Salad, Cookie
W K 1	11 Mini Pancakes, String Cheese Cheeseburger or Hamburger, French Fries, Let/Tom, Doritos, Pickles	12 Biscuit, Sausage Patty Taco Salad, Tostitos, Pinto Beans, Let/Tom, Brownie	13 Breakfast Pizza, String Cheese Chicken Bites, Mashed Potatoes, Raw Baby Carrots, Roll	14 Cinnamon Roll, Ham Crispitos, Corn, Spinach Edamame Salad, Cheese Sauce	15 Chocolate Chip Muffin, Yogurt, Granola Cheese Pizza, Green Beans, Veggies/Dip, Mini Rice Krispy Treat
W K 2	18 Pancake and Sausage on a Stick Breaded Chicken Sandwich, Sweet Potato Fries, Let/Tom, Pickles, Goldfish	19 Mini Bagels, String Cheese Eggs, Biscuit, Hashbrown, Veggie Juice, Mandarin Oranges, Sausage Link	20 Chicken, Biscuit BBQ Pork Sandwich, Baked Beans, Celery Sticks/ Cherry Tomatoes, Cookie Alt. Meal Chef Salad	21 Eggs, Cheese Grits, Toast Chicken Wings, Macaroni and Cheese, Green Beans, Roll, Raw Baby Carrots	22 Banana Muffin, Yogurt, Granola Cheese Sticks, Marinara, Green Peas, Veggies/Dip
W K 3	25 Mini French Toast, Eggs Hamburger or Cheeseburger, Let/Tom, French Fries, Pickles, Sunchips	26 Poptart, Yogurt Spaghetti, Roll, Salad, Broccoli with Cheese, Chocolate Pudding	27 Sausage Biscuit Chicken Tenders, Mini Waffles, Hashbrown, Veggie Juice	28 Waffle Sticks, String Cheese Chicken Fajita Wrap, Tostitos, Pinto Beans, Shredded Cheese, Let/Tom, Brownie	29 Chocolate Chip Muffin, String Cheese Pizza, Corn, Veggies/dip, Frozen Juice Cup

FRUIT & FRUIT JUICE SERVED WITH EVERY BREAKFAST, MILK/FRUIT WITH EVERY MEAL
 This institute is an Equal Opportunity Provider. Menu is subject to change due to availability of products.