

WE CANNOT ACCEPT BILLS LARGER THAN A \$10.00 BILL



# Sept. 2018

## Swift School Menu

	Mon	Tue	Wed	Thu	Fri
	<p><b>ADD \$\$ TO ACCOUNTS On</b> myschoolbucks.com</p> 		<p><b>Student Lunch \$2.75</b> <b>Adult Lunch \$3.50</b> <b>Guest Lunch \$4.00</b></p>		<p><b>FREE REDUCED APPLICATION ONLINE:</b> myschoolapps.com</p>
W K 4	<p>3</p> <p><b>LABOR DAY</b></p> 	<p>4</p> <p>Breakfast Pizza, String Cheese</p> <p>Cheesy Chicken, Brown Rice, Green Beans, Cherry Tomatoes, Roll</p>	<p>5</p> <p>Blueberry Muff, Granola, Yogurt</p> <p>Breaded Chicken Sandwich, French Fries, Pickles, Lett/Tomato</p>	<p>6</p> <p>Eggs, Cheese Grits, Toast</p> <p>Pizza Cheese Cruncher, steamed Broccoli, Garden Salad, Cookie</p>	<p>7</p> <p>Mini French Toast, Sausage Links</p> <p>Turkey/Cheese Ciabatta Bread Sandwich, Sunchips, Veggie/Dip, GoGurt</p>
W K 1	<p>10</p> <p>Mini Pancakes, String Cheese</p> <p>Hamburger or Cheeseburger, Lett/Tom, French Fries, Pickles, Sunchips</p>	<p>11</p> <p>Breakfast Pizza, String Cheese</p> <p>Chicken Bites, Mash Potatoes, Salad Carrots/Dip, Roll</p> <p><b>GRANDPARENTS DAY!</b></p>	<p>12</p> <p>Sausage Biscuit</p> <p>Taco Salad, Tortilla Chips, Pinto Beans, Lett-Tom, Brownie, Sour Cream, Taco Sauce</p>	<p>13</p> <p>Cinnamon Roll, Ham</p> <p>Crispito, Corn, Spinach Edamame Salad, Cheese Saice, Sour Cream, Taco Sauce</p>	<p>14</p> <p>Choc Chip Muffin, Vanilla Yogurt, Granola</p> <p>Round Cheese Pizza, Green Beans, Veggies/Dip, Mini Rice Krispy</p>
W K 2	<p>17</p> <p>Pancake on a Stick, Syrup</p> <p>Breaded Chicken Sandwich, Sweet Pot Fries, Lett/Tom, Pickles</p>	<p>18</p> <p>Mini Bagels, String Cheese</p> <p>Quesadilla, Ranch Beans, Brocc/Dip, Sorbet Cup, Taco Sauce/Sour Cream</p> <p><b>ALT.MEAL-SALAD</b></p>	<p>19</p> <p>Chicken Biscuit, Jelly</p> <p>Chicken Tenders, Waffles, Hashbrown, Veggie Juice, Syrup</p>	<p>20</p> <p>Eggs, Cheese Grits, Toast</p> <p>Steak Nuggets, Mac-n-Cheese, Roll, Green Beans, Carrots/Dip</p>	<p>21</p> <p>Banana Muffin, Vanilla Yogurt, granola</p> <p>Cheese Sticks/Marinara, Peas, Veggies/Dip</p>
W K 3	<p>24</p> <p>Mini French Toast, Eggs, Surup</p> <p>Hamburger or Cheeseburger, Lett/Tom, French Fries, Pickles, Sunchips</p>	<p>25</p> <p>Poptart, Yogurt</p> <p>Spaghetti, Roll, Garden Salad, Roasted Broccoli</p> <p><b>ALT.MEAL: SALAD</b></p>	<p>26</p> <p>Sausage Biscuit</p> <p>BBQ Pork Sandwich, Potato Wedges, Pickles, Chocolate Pudding</p>	<p>27</p> <p>Waffle Sticks, String Cheese, Syrup</p> <p>Crispito, Pinto Beans, Salad, Cheese Sauce</p>	<p>28</p> <p>Choc Chip Muffin, String Cheese</p> <p>Pepp/Cheese Pizza, Dutch Blend, Veggie/Dip Mini Rice Krispy Treat</p>

**FRUIT & FRUIT JUICE SERVED WITH EVERY BREAKFAST, MILK/FRUIT WITH EVERY MEAL**  
Menu is subject to change due to availability of products.

