

## TEEN DISCOVERIES- 7<sup>th</sup> Grade

**"We will L.E.A.R.N. in FACS!"**

**Course Syllabus 2021-2022**

**TEACHER:**

Ms. Alyssa K. Corbitt  
Elberta Middle School

Family and Consumer Sciences (FACS) Instructor  
akpatterson@bcbe.org or (251) 986-8127

**SOCIAL MEDIA:** Instagram: @missp\_facsoflife

**VISION STATEMENT:** Family and Consumer Sciences Education programs in Alabama prepare students with content knowledge, skills, and expertise to empower them for success in life, college, and work.

**MISSION STATEMENT:** The mission of Family and Consumer Sciences Education in Alabama challenges students to utilize life and career content knowledge, skills, and expertise to navigate in complex and global life, college and work environments.

**INSTRUCTIONAL PHILOSOPHY:** Students will use a variety of hands-on learning activities and class laboratories to demonstrate knowledge of skills learned. All activities and projects will revolve around the global society and enriching our knowledge about our self and our community. The community will play an integral part in the learning process. Guest speakers will be incorporated when possible. Assessments will be based on student projects, participation, written assignments, tests, portfolios and teacher observation. Students will be given a scoring rubric when assigned a project.

**PROGRAM:** Middle School Family and Consumer Sciences

**CREDENTIALING:** None

**PROGRAM GOALS:** Career empowerment through knowledge and skills.

**PREREQUISITES:** None

**COURSE DESCRIPTION:** Teen Discoveries is a semester-long course for 7<sup>th</sup> grade students. This course is designed to prepare students for the physical, intellectual, emotional, and social changes that characterize adolescence. Special emphasis is placed on the relationships between the students and their families, friends and acquaintances. Topics include personal, family, and peer relationships; food; clothing; consumer issues; child development; housing; technology; and career exploration.

**COURSE GOALS:**

1. Describe how physical, social, emotional, and intellectual changes that occur during adolescence affect self-esteem and self-concept.
2. Analyze interpersonal skills needed by teenagers for success in the home, school, and community.
3. Demonstrate the ability to select, store, prepare, and serve nutritious foods.
4. Critique factors that influence individual and teen consumer decisions, including needs and wants, budget limitations, and quality of products.
5. Explain ways to handle emergencies, including first aid techniques for children.
6. Describe career skills needed for the workplace, including time management.

**CULMINATING PRODUCTS:** Family Scrapbook, personal wellness plan, recycling project, sewing projects, kitchen labs, dream bedroom, Cupcake Wars; Additional culminating projects maybe added and some that are listed might be deleted upon teacher discretion.

**GRADING SCALE:**

**Formative and Summative Assessments – 60%**  
**Inside of Class Work - 40%**

The midterm is a stand-alone grade and will constitute 5% of the overall first semester grade. The final is a stand-alone grade and will constitute 5% of the overall second semester grade.

The “system” has already been programmed to make sure that the midterm is 5% of the first semester grade and the final is 5% of the second semester grade. Regardless of how many points assigned to the midterm or final exam (it doesn’t have to be 100 points), the “system” will take that grade and give it the appropriate final weight.

**COURSE FEE:** There is a \$20 course fee that will cover all materials needed for class except for fabric for one machine sewing project. The teacher will send information home when this fabric needs to be purchased.

**CTSO:** Career and technical student organizations (**FCCLA**) are integral, co-curricular components of each career and technical education course. These organizations serve to enhance classroom instruction while helping students develop leadership abilities, expand workplace-readiness skills, and broaden opportunities for personal and professional growth.

**SAFETY TESTS:** There are THREE formal tests in the class that MUST be passed with 100% to receive credit. Students may take the test up to two (2) times without penalty. After that, the student will receive the highest grade received during their attempts. However, the student will NOT be allowed to participate in activities in which their safety could be a concern.

**MATERIALS:** Students will need the following materials everyday: Chromebook and charger, headphones/earbuds, and a pen/pencil. Additional materials will be needed when we work on projects. A note will be posted on Ms. Patterson’s Remind prior to the actual use of supplies and a note will be sent home.

### **ESSENTIAL QUESTIONS:**

- What skills are needed to effectively perform the work of the family and provide services to consumers?
- What positive impact can be the result of goal setting and teamwork?
- What are the qualities of a healthy relationship?
- What techniques can an individual use to resolve conflict?
- What are the characteristics of a strong and healthy family?
- What challenges do families face today?
- What characteristics should be considered when choosing a spouse?
- What issues influence the family life cycle at each stage?
- What current issues are affecting marriage and family life today?
- How do demands outside the family affect marriage and family life?
- What are the characteristics of a quality child caregiver?
- What are the specific needs of children?
- What impact do parents have on the growth and development of their children?
- What consumer skills should an individual acquire to function today?
- How can credit be used responsibly?
- What types of insurance do individuals and families need to protect them against crises?
- Why is it important for individuals and families to invest for their future?
- What consumer services are provided by a bank?
- How are federal income tax forms completed and filed?
- How should a consumer properly file a consumer complaint?
- How does advertising impact consumer behavior?
- What factors affect the selection of apparel and accessories?
- How are the elements of art and the principles of design used in creating apparel?
- How do you properly care and store apparel and accessories?
- What basic sewing techniques are needed to create, maintain. Or expand a wardrobe?
- What housing options are available to meet the needs of consumers across the life span?
- What factors influence the consumer’s selection of housing?
- What factors determine the selection of furniture, accessories, and equipment for the home?
- How are the elements of art and principles of design used to place furniture, accessories, and equipment in the home?
- Why is it important for individuals and families to eat nutritious meals and snacks?
- How does eating out compare to cooking at home?
- Why is it important to use proper etiquette?
- Why is proper sanitation important when preparing and storing food?
- Why is meal planning an important task in food preparation?
- How do individuals and consumers shop wisely for food?
- What are the basic principles of food cookery?
- How is food served in a safe and sanitary manner?
- How does technology affect the family?
- How do you develop a career plan

## **COURSE OUTLINE:**

### **Personal Discoveries**

1. Describe physical and emotional changes that occur during adolescence.
2. Describe the process of decision-making, problem solving, and goal setting.
3. Explain the importance of character education for teens including manners, healthy grooming habits, and general respect for self, others, and property.
4. Compare verbal and nonverbal communication skills used to improve interpersonal relationships as well as determine barriers to teen communication.
5. Describe characteristics of healthy relationships with family and friends through: explaining the role of family members and friends, describing the role of family traditions, and determining qualities of a true friend.
6. Compare positive and negative peer pressure.

### **Food and Wellness Discoveries**

7. Explain the importance of diet, exercise, and rest for teen health.
8. Prepare nutritious snacks by practicing safety and sanitation techniques in the laboratory, using kitchen equipment in a correct manner, and comparing the nutritive value and cost of various food.
9. Demonstrate basic table setting skills.

### **Consumer Discoveries**

10. Describe ways teenagers can become wise consumers by identifying the role of the media in the dissemination of consumer information.
11. Describe time management tools and techniques

### **Clothing Discoveries**

12. Determine factors that influence teen clothing selection such as individualism, trends, cost, and maintenance
13. Practice basic sewing skills while utilizing sewing equipment in a safe and correct manner.
14. Describe appropriate care of clothing through identifying laundering techniques as well as explaining how to store clothes properly.

### **Child Care and Discoveries**

15. Explain the responsibilities in babysitting related to age, safety, and health of the child.
16. Describe the importance of play to a child's development.

### **Housing Discoveries**

17. Explain how housing meets the needs of individuals and families by describing ways to arrange or organize teen living space.
18. Determine procedures for basics household maintenance and safety.

### **Technology and Career Discoveries**

19. Determine ways technology improves and impacts the lives of teens.
20. Describe the factors that impact choosing a career.

## **Embedded Numeracy and Literacy Anchor Assignment**

In an effort to support numeracy and literacy skills in our class, I have paired each course objective with either a math or reading/writing objective that follows the seventh-grade curriculum. An example of a math skill is found in personal finance when students are asked to develop a budget and "live" for a month with earnings from their career from the career unit. An example of reading/writing skills is in our foods unit where students are asked to conduct research to find information about food in a country, create a presentation, and cite sources correctly according to MLA guidelines.

## **Classroom Expectations**

Students will be held to the teacher's "L.E.A.R.N." motto:

- **Listen** and follow instructions.
- **Enter** and exit prepared (lab and classroom).
- Always do your best. Participation is NOT an option.
- **Respect** yourself and others.
- **No** excuses.

## Consequences

Each student will be given a discipline log that will remain in their folder. Inappropriate behavior will be documented on this form. If a student does not obey the classroom rules, then the following consequences will be implemented:

- 1<sup>st</sup> offense: A verbal warning.
- 2<sup>nd</sup> offense: The student's seating assignment will be moved (if applicable). The parent will be contacted.
- 3<sup>rd</sup> offense: The student will **not** be permitted to participate in a special activity, *or* an additional academic assignment will be issued. The parent will be contacted.
- 4<sup>th</sup> offense: The student will be written up for disobedience/insubordination and sent to the principal's office.

***I reserve the right at any time to go immediately to a higher-level consequence!***

## Procedures

- **Entering and Leaving the Classroom**
  - **Entering:** Students are expected to enter the room prior to the tardy bell. Sanitize upon entry to the classroom. Students must place their belongings in a designated place after ensuring they have all needed materials.
  - **Leaving:** The teacher will dismiss the class, **not the bell!**
- **Seating Assignments**
  - All students will have assigned seats. Accommodations will be made on a case-by-case basis in accordance with IEPs. Seating will change at the teacher's discretion.
- **Student Work**
  - Student work should be done neatly, and turned in on time. If work is late, points will be deducted. All student work will either be completed totally on Chromebooks or turned in via Chromebook. Students may **NOT** visit any site not assigned by the teacher.
- **Substitutes**
  - **There is no excuse for bad behavior!** A substitute will be viewed as any other visitor. They have all the necessary information to conduct a class, and they will hold you to all of the standards that I hold you to. **If for any reason, a student misbehaves for a substitute, the parent or legal guardian will be contacted upon Ms. Patterson's return!**
- **Food/Drinks in the class**
  - Students may consume their snack during the first 7-10 minutes of class while they complete their bell ringer and the teacher takes attendance. After this time, all food, drinks, and trash must be put away. Failure to keep the room clean due to snack time will result in the removal of snack time in that class period.
- **Missing Assignments**
  - If students are missing assignments for any reason other than excused absences, the student may not get a grade for that assignment but may have to make up the work.
- **Bathroom Policy**
  - Students will be allowed to use the restroom, but they must fill out the Hall Pass document on Google Classroom as well as receive a physical pass from the teacher. They will fill out the Hall Pass document when they return to the restroom.

## Equipment

Much of the equipment in the FACS classroom and lab is expensive. If a student breaks a piece of equipment, they will be held responsible for that piece of equipment. The fee will be added to the students record.

## COVID-19 Statement

In the event of a school closure, or a teacher/student illness, I will deliver instruction via Google Meet and follow distance learning guidelines set forth by the Baldwin County Board of Education. Students will join the conference and ask questions. However, these videos will also be recorded and posted to Google Classroom. Additionally, with the nature of this course, students are often required to work in small groups (cooking for example). In the kitchen, we will follow food handler safety and sanitation guidelines while in the kitchen to protect students as much as possible. In other small group activities and while working with equipment, we will sanitize and clean accordingly.

***This syllabus is subject to change at the discretion of the teacher at any point during the course. If this happens, you will be notified via email.***