

# COUNSELOR'S



# CORNER

## October



### A Peek at the Month

### Mark your calendar

#### Character Traits

- <https://talkingtreebooks.com/category/character-education-teaching-resources/character-education-videos-best-of-web.html>

#### Growth Mindset

- **Negative thoughts/Fear**
- <https://www.youtube.com/watch?v=rUJkbWNnNy4>

#### Social skills

- **Working together**
- **Asking for help**

**October 9<sup>th</sup>-13<sup>th</sup>** Fall Break- No school

**October 26<sup>th</sup>-30<sup>th</sup>** Red Ribbon Week  
**A note from your counselor**

Happy Fall Ya'll!

I know the last couple of weeks have been difficult. If you have needs that I can help with or need some resources, please reach out. I am excited to have the students back on campus!! ☺

This month we will be learning about character traits and how to combat negative thoughts and fears.

Email: [sjackson@bcbe.org](mailto:sjackson@bcbe.org)  
Phone: 251-626-95751 Ext:53009



**Red Ribbon Week**  
**Be Happy, Be Brave, Be Drug Free**  
**October 26<sup>th</sup>-30<sup>th</sup>**



- Monday: Wear RED to show you are ready to stand up against drugs!
- Tuesday: "Sock it" to drugs! Wear Crazy socks.
- Wednesday: I am drug free, from my head to my toes! Crazy hair and socks.
- Thursday: "Our School" is DRUG FREE! Wear school spirit clothes.
- Friday: Dress-up as a fictional character

### Students of the week

### Halloween Safety TIPS



- Kinder: Emily Ding, Hope Steber
- 1<sup>st</sup>: Ea Sexe, Ariana Blount
- 2<sup>nd</sup>: Braylon Hunter, David Moye
- 3<sup>rd</sup>: Kate Gipson, Jordan Gilberry
- 4<sup>th</sup>: Stone Tyler, Anne Collins Daniel
- 5<sup>th</sup>: Trevor Browning, Adeline Caldwell



1. Always stay in a group with an adult.
2. Make sure you look both ways before crossing the street.
3. Carry a flashlight for visibility.
4. Never enter a stranger's house or Car.
5. Ask your parents to check your Candy before you eat it.