

# Counseling Corner

January 8, 2019

FHPI Counselors:

Beth Ann Mills

Kenita Bonner-Callwood

## Winter Scantron Performance Series Testing Dates

January 29<sup>th</sup> – Reading

January 30<sup>th</sup> – Math

January 31<sup>st</sup> – Science (5<sup>th</sup> grade  
only)

### Test Taking Tips for students:

- Get plenty of sleep and eat breakfast
- Make sure to have a pencil to use on scratch paper
- Take a deep breath and relax
- Read the questions carefully
- Look at all the answer choices before you answer
- Eliminate the answers you know are wrong
- Show work on paper and check work when you are done
- And think positively and try your best

### How parents can help:

- Please make sure students are at school on time.
- Try and make appointments for after school if at all possible.
- Please place this reminder on your refrigerator for a reference. 😊

## Net Smartz

During our classroom guidance lessons the week of Jan. 14<sup>th</sup> -18<sup>th</sup> we will be having a guest speaker from the Baldwin County Child Advocacy Center that will be teaching the Net Smartz curriculum. This curriculum is a multi-media internet safety presentation that will be taught to our 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> graders. This program teaches students as a way to empower them to be safer online. Please look in your email from your classroom teacher regarding a letter that further explains the Net Smartz Curriculum. If you have any questions please let us know.

Phone #: 251-928-7841

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**Happy  
New Year!**



# Attendance & Timeliness

## Habitual Tardies

- Tardies equal missed learning
- Can interrupt other children's' learning
- Can impact the child's behavior, self esteem, and school success
- Disrupts morning routine
- Affects important time for building classroom community & socialization
- Some children may miss interventions or special services that are scheduled first thing in the morning

Missing 2 days of School a Month  
can make it harder to learn to read

### When Do Absences Become a Problem?

	Chronic Absence Missing 18 days or more
	Warning Signs 10-17 days
	Satisfactory 9 days or less

## We are here to help! Reach out if...

- Your child has severe separation anxiety and you're worried that he/she may miss too much school
- Your child has a major chronic health issue
- Your child misses more than 2 consecutive absences (please contact the teacher)
- Your child experiences the loss of an immediate family member
- There's a crisis that affects attendance such as homelessness
- Call or email the School Counselors, [bmills@bcbe.org](mailto:bmills@bcbe.org) or [kbonner@bcbe.org](mailto:kbonner@bcbe.org)

## Absences

Parent Written Notes will only excuse 9 absences per academic year. Parent notes and doctors excuses must be turned in within 3 days.

Turn in excuses to the classroom teacher or to the front office.



**Rx**

Medical Notes  
are Preferred