

AUGUST 2019

Swift School Menu

	Mon	Tue	Wed	Thu	Fri
	We Can Not Accept Bills Larger than a \$10		1	2	3
	6	7	8	9	10
	12	13	14 Breakfast Pizza, String Cheese Chicken Bites, Mashed Potatoes, Raw Baby Carrots, Roll	15 Cinnamon Roll, Ham Crispitos, Corn, Spinach Edamame Salad, Cheese Sauce	16 Chocolate Chip Muffin, Yogurt, Granola Cheese Pizza, Green Beans, Raw Veggies, Mini Rice Krispy Treat
W K 2	19 Pancake on a Stick Breaded Chicken Sandwich, Tater tots, Lett/Tom, Pickles, Goldfish Crackers	20 Mini Bagels, String Cheese Scrambled Eggs, Biscuit, Hashbrown, Veggie Juice, Mandarin Oranges, Sausage Link	21 Chicken Biscuit BBQ Pork Sandwich, Baked Beans, Celery/ cherry tomatoes, Cookie	22 Eggs, Cheese Grits, Toast Chicken Wings, Macaroni and Cheese, Roll, Raw Baby Carrots,	23 Banana Muffin, Yogurt, Granola Cheese Sticks, Marinara, Green Peas, Raw Veggies
W K 3	26 Mini French Toast, Scrambled eggs Hamburger or Cheeseburger, French Fries, Tom/Let, Sunchips. Pickles	27 Soft Filled Cereal Bar, Yogurt Spaghetti, Roll, Salad, Broccoli with Cheese, Chocolate Pudding	28 Biscuit, Sausage Chicken and Waffles, Hashbrown, Veggie Juice,	29 Waffle Sticks, String Cheese Chicken Fajita, Tostitos, Pinto Beans, Let/Tom, Brownie, Shredded Cheese	30 Chocolate Chip Muffin, String Cheese Pizza, Corn, Raw Veggies/Dip, Frozen Juice Cup

FRUIT & FRUIT JUICE SERVED WITH EVERY BREAKFAST, MILK/FRUIT WITH EVERY MEAL
This institute is an Equal Opportunity Provider. Menu is subject to change due to availability of products.