

March 2020

Swift School Menu

Mon	Tue	Wed	Thu	Fri
		 <p>The Leader in Me™ great happens here</p>		
2	3	4	5	6
Mini French Toast, Scrambled Egg Hamburger or Cheeseburger, French Fries, Let/Tom, Pickles, Sunchips	Cereal Soft Bar, Yogurt Lasagna Roll, Salad, Roll, Steamed Broccoli, Chocolate Pudding	Sausage, Biscuit Chicken Tenders, Waffles, Hashbrown, Veggie Juice	Pancakes, Ham Chicken Fajita Wrap, Doritos, Spinach Edamame Salad, Shredded Cheese, Brownie Alt: Chef Salad	Chocolate Chip Muffin, String Cheese Pizza, Corn, Raw Veggies, Hummus, Frozen Juice Cup
9	10	11	12	13
Ham, Biscuit Hot Dog, Baked Beans, Roasted Broccoli, Doritos	Breakfast Pizza, String Cheese Cheesy Chicken, Rice, Green Beans, Cherry Tomatoes, Roll	Blueberry Muffin, Granola, Yogurt Breaded Chicken Sandwich, Fries, Let/Tom, Pickles, Goldfish	Cheese Grits, Eggs, Toast Hot Turkey and Cheese on Panini, Sunchips, Salad, Yogurt Alt: Baked Potato	<h1>No School</h1>
16	17	18	19	20
Mini Pancakes, String Cheese Hamburger or Cheeseburger, Let/Tom, French Fries, Doritos, Pickles	Sausage, Biscuit Taco Salad, Tostitos, Pinto Beans, Let/Tom, Shredded Cheese, Chocolate Graham Cracker	Breakfast Pizza, String Cheese Chicken Bites, Mashed Potatoes, Raw Baby Carrots, Roll, Alt: Chef Salad	Cinnamon Roll, Ham Crisпитos, Corn, Salad, Cheese Sauce	Chocolate Chip Muffin, Yogurt, Granola Cheese Pizza, Steamed Broccoli, Raw Veggies/Dip, Mini Rice Krispy Treat
23	24	25	26	27
Pancake and Sausage on a Stick Breaded Chicken Sandwich, Sweet Potato Fries, Let/Tom, Pickles, Cheese-It Crackers	Chicken, Biscuit Corn Dog, Baked Beans, Doritos, Celery/Cherry Tomato, Frozen Juice Cup Alt: Baked Potato	Dutch Waffle, Sausage Link Chicken Wings, Mac and Cheese, Roll, Green Beans, Raw Baby carrots	Cinni Mini, String Cheese Scrambled Eggs, Biscuit, Hashbrown, Veggie Juice, Mandarin Oranges, Sausage Links	Pop-Tart, Yogurt, Granola Cheese Sticks, Marinara, Green Peas, Raw Veggies, Hummus
30	31	April 1	April 2	April 3
Mini French Toast, Eggs Hamburger/Cheesebur ger, Fries, Pickles, Sunchips	Soft Cereal Bar, Yogurt Lasagna Roll, Salad, Broccoli, Roll, Chocolate Pudding	Sausage Biscuit Chicken Tenders, Waffles, Hashbrown, Veggie Juice	Pancakes, Ham Chicken Fajita Wrap, Doritos, Spinach Edamame Salad, Shredded Cheese, Brownie Alt: Chef Salad	Chocolate Chip Muffin, String Cheese Pizza, Corn, Raw Veggies, Hummus, Frozen Juice Cup

FRUIT AND FRUIT JUICE ARE SERVED WITH EVERY BREAKFAST MILK SERVED WITH EVERY MEAL.

This institution is an equal opportunity provider. Menu subject to change due to availability of products.

