

What does **not** count toward the NHS service component?

- Volunteering for a class. Example: Volunteering for Medical Related Careers, or earning points for Teen Court. You earn credit for the class.
- Involvement in school/community/church musicals or plays.
- Helping family, friends, or neighbors, even if you are not paid. (Chores, shoveling, cutting the lawn, running errands). It is your obligation as a friend or family member to help out.
- Club meetings/activities and Band or Choir activities, unless you are performing service for a community non-profit organization that is raising funds to support a community endeavor.
- Community hours required by the court.
- Church or youth group activities—Going on a hayride or skiing with your church group does not count. Having a car wash with your youth group to raise money for Special Olympics **does** count.
- Working at your job for free
- Campaign efforts for candidates—this is a civic duty.
- Working at a profit-making business for free. These companies do not rely on volunteers for success.
- Babysitting for a neighbor, day care, or at church (unless for a non-profit organization such as the Abused Adult Resource Center).
- Any type of musical performance.
- Helping out at church—teaching classes, playing music, etc. It is your obligation to be a good church member and help out if needed.