



**Mr. Eddie Tyler, Superintendent**

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Dear Parents:

Your seventh-grade students have an awesome opportunity to participate in a three-day program entitled *You Are Unique*. This program, which was developed by Sex and Family Education, deals with self-esteem, goal setting, and good decision making, particularly regarding sex. It educates students about the physical and emotional consequences of premarital sex, and it gives very practical ways for students to say "no."

*You Are Unique* complies with the Alabama Abstinence Law, which states that abstinence is to be stressed in all public schools when discussing anything that is sexual in nature. The curriculum also discourages students from engaging in any type of risky sexual behavior. However, it should be understood that the *You Are Unique* curriculum is character education—not sex education.

Volunteers with the Women's Care Medical Center will be teaching the *You Are Unique* curriculum to students at your child's school during the week(s) of \_\_\_\_\_. Should you desire to review this curriculum prior to it being taught to your child, you are encouraged to make contact with your child's school counselor, \_\_\_\_\_, at \_\_\_\_\_ or via e-mail at \_\_\_\_\_ in order for arrangements to be made for you to do so.

Should you choose for your child to not participate in the class while the *You Are Unique* curriculum is being taught, you will need to notify the school counselor no later than \_\_\_\_\_ so that alternate arrangements can be made for your child during this time.

Thank you for your continued support as we strive to not only help your child avoid high risk behaviors, but to also prepare for a bright future.

Sincerely,

*Patrice Davis*

Patrice Davis  
Prevention and Support Services Coordinator