



Diet Prescription for Meals at School

This File is to be maintained for use within the school cafeteria.

Student's Name: _____

Name of School: _____

To be completed by a Licensed Physician, Licensed Physician's Assistant, or Nurse Practitioner

Student's Diagnosis (Optional): _____

Major Life activity affected by the disability: _____

Diet Prescription- please attach additional instructions if necessary. Be specific with instructions. This form is used to provide guidance for cafeteria staff.

Foods to Omit (Due to Allergy or Sensitivity)

| | |
|---|--|
| Food to Omit: <input style="width: 90%;" type="text"/> | Food(s) to Substitute: <input style="width: 90%; height: 20px;" type="text"/> <input style="width: 90%; height: 20px;" type="text"/> <input style="width: 90%; height: 20px;" type="text"/> |
|---|--|

| | |
|---|--|
| Food to Omit: <input style="width: 90%;" type="text"/> | Food(s) to Substitute: <input style="width: 90%; height: 20px;" type="text"/> <input style="width: 90%; height: 20px;" type="text"/> <input style="width: 90%; height: 20px;" type="text"/> |
|---|--|

****If foods are listed to be omitted from the diet, specifics on foods to substitute MUST be provided. ****

Other Diet Modifications (Check All thatApply):

| Special Diet | Information Required |
|--|--|
| <input type="checkbox"/> Modified Carbohydrate | Grams per meal (range) |
| <input type="checkbox"/> Increased Calorie | Calories per meal (range) |
| <input type="checkbox"/> Decreased Calorie | Calories per meal (range) |
| <input type="checkbox"/> Modified Texture | Textures Allowed (i.e. ground, pureed) |
| <input type="checkbox"/> Other (Please specify): | Instructions: |
| <input type="checkbox"/> Other (Please specify): | Instructions: |

I certify that the above-named student needs special school meals prepared or served as described above because of the student's disability or chronic condition.

State Licensed Healthcare Professional Signature

Date

*It is recommended that the diet prescription be renewed annually. *